

ROLE PROFILE

MMA YOUTH WORKER - LEGACY YOUTH ZONE



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POST:

MMA Youth Worker

SALARY:

£20-£25 ph

LOCATION:

Legacy Youth Zone, Croydon

REPORTING TO:

Senior Club Team Lead

CONTRACT:

Part time; 5-7pm Wednesday, Friday and Saturday

BENEFITS:

33 days annual leave including bank holidays pro-rata; free gym access; access to OnSide's Talent Academy; Employee Assistance Programme; free staff meals during sessions; discounted holiday club for dependants on working days

KEY RELATIONSHIPS

Volunteers, Core Management team, Youth Work Managers, OnSide, External Stakeholders, Young People and Parents

MAIN PURPOSE

Legacy Youth Zone have secured funding to deliver this programme in partnership with UFC and OnSide Youth Zones, working collaboratively with local community partners to implement the UFC project. The aim is to engage and support at-risk and vulnerable young people, diverting them from criminal activity and guiding them toward positive, constructive pathways.

The primary purpose of the MMA Youth Worker role is to engage, inspire, and support young people through the discipline of Mixed Martial Arts. This role blends technical coaching with youth work principles to promote physical fitness, self-discipline, emotional resilience, and positive behaviour. The MMA Youth Worker will create a safe, inclusive, and empowering environment where young people can build confidence, form healthy relationships, and develop essential life skills through structured MMA sessions and ongoing mentoring.

ABOUT LEGACY YOUTH ZONE

Croydon Youth Zone, named "Legacy" by local young people, was the third Youth Zone in London opened by the national charity, OnSide in September 2019. Legacy, like all OnSide Youth Zones, exists to give young people somewhere to go, something to do and someone to talk to. It's about opportunity.

Legacy's state-of-the-art £6.5 million building on Whitehorse Road, provides young people with access to a range of activities, offering them the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall, recreation area and dance, arts, music and media suites, with facilities equipped for a wide range of sporting, artistic, cultural and general recreational activities and targeted services. To access a Youth Zone, young people aged 8 – 19 (or 25 with additional needs) simply pay 50p per visit and £5 per year membership.

To find out more, please watch this video: <https://www.youtube.com/watch?v=usP0DSRw7nw>



MAIN RESPONSIBILITIES

- You will ensure the boxing suite and martial arts area is well used and maintained to a high standard, offering young people a safe, exciting and challenging area in a friendly and welcoming environment.
- Implement a comprehensive UFC Mixed Martial Arts programme for young people, enabling them to build their confidence, social skills and overall wellbeing
- Ensure continuous development of the programme, developing and expanding to meet the changing needs of our members
- Carry out inductions for new users and provide supervision in the boxing / martial arts area, promoting best practice and safety standards
- The role is 100% face to face delivery with young people
- Ensure the highest standards of health and safety are maintained in the mixed martial arts area and monitor safety practices whilst working.
- Ensure that all equipment necessary for each session is fit for purpose and adheres to safety standards
- To manage, support and coordinate necessary requirements for the mixed martial arts area programme
- To promote and safeguard the welfare of young people at all times
- To promote cultural cohesion and inclusion and proactively challenge any prejudice and discrimination
- Any other duties as may reasonably be required in line with the business operations

GENERAL RESPONSIBILITIES

- Be a role model for young people and present a positive “can do” attitude.
- Take personal responsibility for own actions.
- Commit to a culture of continuous improvement.
- Work within the performance framework of Legacy Youth Zone and OnSide.
- Represent the Youth Zone positively and effectively in all dealings with internal colleagues, and external partners.
- Comply with all policies and procedures with particular focus on safeguarding, codes of conduct health and safety and equality and diversity to ensure all activities are accessible.
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any safeguarding concerns to the designated Child Protection Officers using the safeguarding policies, procedures, and practice (training to be provided).
- To assist with any promotional activities and visits that take place at the Youth Zone.
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone

membership.

PERSON SPECIFICATION

Applicants will be expected to demonstrate the following experience, skills, knowledge, and attributes.

Selection Criteria* A = Application Form I = Interview T = Test/Personality Profile	Essential or Desirable	Method of Assessment
Experience		
Substantial experience of youth work	Essential	A & I
Proven experience of engaging vulnerable, disengaged or hard to reach young people	Essential	A & I
Experience of working in a team	Essential	A & I
Experience of coaching/leading MMA sessions for young people	Desirable	A & I
Experience of Safeguarding and dealing with safeguarding disclosures	Essential	A & I
Experience supporting young people into positive destinations	Desirable	A & I
Strong commitment to young people and ability to engage and build positive relationships with disengaged young people	Essential	A & I
Skills and Qualifications		
Level 2 coaching qualification e.g.: ABA Boxing, Kick Boxing Level 2, other disciplines	Essential	A & I
Ability to work on own initiative and as part of a team	Essential	A & I
Ability to deliver high quality mixed martial arts activities with young people	Essential	A & I
Ability to work under pressure & prioritise effectively	Essential	A & I
Ability to relate to young people from all backgrounds	Essential	A & I
Strong interpersonal and networking skills	Desirable	A & I
Knowledge		
Knowledge and awareness of issues affecting young people	Essential	A & I
Knowledge of health and safety, diversity awareness and safeguarding best practice and how these relate to children and young people	Desirable	A & I
Special Requirements		
Demonstrate a commitment to the goals and drivers behind The Youth Zone/OnSide	Essential	A & I
Enthusiasm and ability to contribute to the successful development of The Youth Zone.	Essential	A & I
The ability and willingness to travel to events.	Essential	A & I
Enhanced DBS clearance and commitment to Safeguarding children	Essential	A & I

APPLICATION PROCESS

To apply, please complete the online application process (submitting a cover letter and CV), which can be found through our website or by [clicking here](#).

Please provide the following information:

- Confirmation you are eligible to work in the UK (the successful candidate will be required to provide documentary evidence before an offer of employment is made);
- Any reasonable adjustments we can make to assist you in your application or the selection process.



This role will be based in the Youth Zone and therefore require an Enhanced DBS upon being offered the post.

Closing date for applications: **For all youth work positions, applications are reviewed as and when they are submitted**

Interviews: **TBC**

Anonymous Applications: We recognise our workforce is under-represented in certain areas and are committed to addressing this. Therefore, we actively encourage applicants to submit anonymous applications; this means removing names & email addresses from CVs and cover letters. The HR Manager will have this information from submissions, but this will not be available to the selection panel when they are considering applications.

For information on how Legacy processes your data, go to

<https://legacyyouthzone.org/privacy-policy/>

OUR VALUES

Legacy

An **OnSide** Youth Zone



YOUNG PEOPLE FIRST

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

EXCELLENCE

We encourage ourselves and each other to be the best we can be through continuous learning and improvement, and a focus on finding solutions.



RESPECT

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



AMBITION

We are passionate and driven in taking on new challenges, embracing new ideas and exceeding our ambitions for young people, the Youth Zones and our local communities.

COLLABORATION

We create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.



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