

Legacy

An OnSide Youth Zone

ROLE PROFILE

GYM AND BOXING COACH YOUTH WORKER

LEGACY YOUTH ZONE



ROLE PROFILE

POST: Gym and Boxing Coach – Youth Worker

SALARY: £11.95ph

LOCATION: Legacy Youth Zone, Croydon

REPORTING TO: Sports Co-ordinator

LINE REPORTS: None



CONTRACT: Friday 5-8pm (Boxing or equivalent) and Saturday 10.45am – 3.15pm plus overtime available

BENEFITS: 33 days annual leave including bank holidays pro-rata; free gym access; access to OnSide's Talent Academy; Employee Assistance Programme; free staff meals during sessions; discounted holiday club for dependants on working days

KEY RELATIONSHIPS - Volunteers, Core Management team, Youth Work Managers, OnSide, External Stakeholders, Young People and Parents

MAIN PURPOSE

Do you love Sport and Fitness and are you passionate about the role a Gym Instructor Youth Worker can play in changing young people's lives?

Are you passionate about giving young people in Croydon a healthy and positive future? Are you happy coaching and teaching young people? Do you want to use your skills knowledge and passion to enable young people to have something to do, somewhere to go and someone to talk to? Are you a keen gym goer and love fitness?

You will have access to our gym, equipped with cardio and resistance equipment, Olympic weight lifting facilities and a functional area.

You will be involved in teaching the fundamentals gym use and fitness, running fitness classes in line with your skills, as well as facilitating taster sessions and competitions, which engage young people and build their skills and fitness levels.

To work at Legacy, all applicants must be over the age of 18. To work with our senior members who are aged 13+, applicants must be over the age of 21.

CORE RESPONSIBILITIES

- Deliver a gym and boxing programme, ensuring we continue to develop and expand to meet the changing needs of our members
- The role is 100% face to face delivery with young people
- Carry out inductions for new users and then provide supervision in the gym and boxing suite, promoting best practice and safe use for all young people
- Deliver a comprehensive programme and classes for young people, which will enable them to build their confidence, social skills and overall wellbeing
- Ensure the highest standards of health and safety are maintained in the gym and boxing suite area
- Ensure that all equipment necessary for each session is fit for purpose, including weights, cardio equipment and boxing gloves. Ensure equipment is stored correctly and securely after completion of each session
- Keep up to date on policies or procedures required for the safe operation of the gym and boxing suite

- Work to promote Legacy Youth Zones ‘Culture of Health’ and support young people to make positive life choices for their own wellbeing.
- Understand and be able to signpost appropriately to mental health and youth counselling services who work with Legacy, such as local mental health charities.
- Work with your line manager to achieve specific targets set out for the project
- To work within the performance framework of the Youth Zone and OnSide.
- To carry out any other reasonable duties as requested by Management

GENERAL RESPONSIBILITIES

- Be a role model for young people and present a positive “can do” attitude.
- Take personal responsibility for own actions.
- Commit to a culture of continuous improvement.
- Work within the performance framework of Legacy Youth Zone and OnSide.
- Represent the Youth Zone positively and effectively in all dealings with internal colleagues, and external partners.
- Comply with all policies and procedures, with particular reference to safeguarding, codes of conduct health and safety and equality and diversity to ensure all activities are accessible.
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded (training to be provided).
- To assist with any promotional activities and visits that take place at the Youth Zone.
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership.

ABOUT LEGACY YOUTH ZONE

Croydon Youth Zone, named “Legacy” by local young people, was the third Youth Zone in London opened by the national charity, OnSide in September 2019. This is an exciting and unique opportunity to join a small but growing, impactful fundraising team and play a critical part in shaping opportunities for London’s young people and supporting a grass roots, committed universal youth service.

Legacy, like all OnSide Youth Zones, exists to give young people somewhere to go, something to do and someone to talk to.

Legacy’s state-of-the-art £6.5 million building on Whitehorse Road, provides young people with access to a range of activities, offering them the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall, recreation area and dance, arts, music and media suites, with facilities equipped for a wide range of sporting, artistic, cultural and general recreational activities and targeted services. To access a Youth Zone, young people aged 8 – 19 (or 25 with additional needs) simply pay 50p per visit and £5 per year membership.

To find out more, please watch this video: <https://www.youtube.com/watch?v=usPODSRw7nw>

ABOUT ONSIDE

Potential is everywhere. In every home on every street, from affluent suburbs to inner-city estates. The difference is that some young people get every opportunity to explore their potential. Others don’t. It’s about opportunity.

OnSide is a national charity that believes all young people should have the opportunity to discover their passion and their purpose. To find out what they’ve got and where it could take them.

OnSide funds and builds state-of-the-art, multimillion- pound Youth Zones in the country’s most economically disadvantaged areas. They train the amazing people that run them. And they offer continuing support via the nationwide OnSide Network of 14 Youth Zones (and growing), where colleagues can learn and grow, share their stories, and celebrate their success together.

This is passionate, properly funded youth provision, with no ifs or buts. A unique partnership between young people and their community, local authorities and private business leadership, and a growing movement of supporters who believe that how we treat the next generation defines who we are as a society.

Because when we really invest in young people, we all benefit – from who they are now, everything they might become and achieve, and everyone they might touch and inspire.

All they need is the chance to shine – an environment where they can be their best selves –and you just watch them go. It’s about opportunity.

PERSON SPECIFICATION

Applicants will be expected to demonstrate the following experience, skills, knowledge, and attributes.

Selection Criteria*	Essential or Desirable	Method of Assessment
A = Application Form I = Interview T = Test/Personality Profile		
Experience		
Experience of working with young people	Essential	A & I
Proven experience of engaging young people in fitness programmes	Essential	A & I
Experience of working in a team	Essential	A & I
Ability to support young people achieve their fitness goals and aspirations	Desirable	A & I
Experience supporting young people into positive destinations	Desirable	A & I
Skills		
Gym Instructor Level 2 or above	Essential	A & I
Relevant boxing/coaching qualifications	Essential	A & I
Ability to lead group exercise classes to young people (Box Fit, HIT, Pump etc).	Essential	A & I
Ability to relate to young people from all backgrounds	Essential	A & I
Knowledge		
Knowledge and awareness of issues affecting young people	Essential	A & I
Knowledge of health and safety, diversity awareness and safeguarding best practice and how these relate to children and young people	Desirable	A & I
Special Requirements		
A willingness to work unsociable hours when required	Essential	A & I
Demonstrate a commitment to the goals and drivers behind The Youth Zone/OnSide	Essential	A & I
Enthusiasm and ability to contribute to the successful development of The Youth Zone.	Essential	A & I
Enhanced DBS clearance and commitment to Safeguarding children	Essential	A & I

APPLICATION PROCESS

To apply, please complete the online application process (submitting a cover letter and CV), which can be found through our website or by [clicking here](#).

Please provide the following information:

- Confirmation you are eligible to work in the UK (the successful candidate will be required to provide documentary evidence before an offer of employment is made);
- Any reasonable adjustments we can make to assist you in your application or the selection process.

This role will be based in the Youth Zone and therefore require an Enhanced DBS upon being offered the post.

Closing date for applications: For all youth work positions, applications are reviewed as and when they are submitted.

Interviews: Interviews TBC

Anonymous Applications:

We recognise our workforce is under-represented in certain areas and are committed to addressing this. Therefore, we actively encourage applicants to submit anonymous applications; this means removing names & email addresses from CVs and cover letters. The HR Manager will have this information from submissions, but this will not be available to the selection panel when they are considering applications.



For information on how Legacy processes your data, go to

<https://legacyyouthzone.org/privacy-policy/>

OUR VALUES

Legacy

An **OnSide** Youth Zone



YOUNG PEOPLE FIRST

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

EXCELLENCE

We encourage ourselves and each other to be the best we can be through continuous learning and improvement, and a focus on finding solutions.



RESPECT

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



AMBITION

We are passionate and driven in taking on new challenges, embracing new ideas and exceeding our ambitions for young people, the Youth Zones and our local communities.

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COLLABORATION

We create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.

